

Proper Attire for Confirmation

As every candidate knows, a Sacrament is an outward (visible) sign instituted by Christ to give grace. Therefore it is important we focus on both the outside appearance and the internal conversion during all of our Sacramental ceremonies. At the Sacrament of Baptism we wear special gowns, the Sacrament of First Communion we wear white dresses or suits, at our Marriage we wear formal gowns or tuxedos. It is with this same consideration that we consider our outward appearance during the Sacrament of Confirmation.

While the church greatly respects the uniqueness and individuality in each of its members, it holds that modesty is a fruits of the Holy Spirit and that "Teaching modesty to children and adolescents means awakening in them respect for the human person." (Catechism of the Catholic Church 25234)

It is in this spirit of fostering respect for each other and for sanctity of the Sacrament of Confirmation that we set forth a code of dress consistent with our culture's view of modesty. Semi-formal, modest attire is appropriate to the solemn beauty of this occasion.

The liturgical color for Confirmation is red, to signify the Holy Spirit who confirmed the apostles on Pentecost and gave them courage to practice their faith. Catholics believe that the same Holy Spirit confirms us during the Sacrament of Confirmation and gives us the same gifts. Therefore it is suggested your child wear some red on this special day. For young men, it is traditional to wear a red tie. For young ladies, a red dress, a red sweater or other accent is suggested. White is also acceptable.

Young Men

Attire:

- Suit or sports coat and dress pants
- Tie (red) and dress shirt
- Dress shoes

Young Women

Attire:

- Modest (red or white) dress, skirt and blouse, pant suit or dress pants and blouse
 - Dress or skirt must be no shorter than one inch above knee
 - Chest, back and shoulders must be covered
 - Dress may not be tight nor see through
- Dress shoes
- When fixing your hair, your forehead must be uncovered for anointing from the Bishop