

**Just a Minute**  
*can bring us closer to Jesus*

## **Trust**

This time last year my dear aunt was going through a very trying time. The situation caused much pain and worry for our entire family, especially my mom. I remember one conversation during which my mom said, “We just have to trust in Jesus’ perfect plan for her.” All my life I’ve heard phrases like, “Trust in the Lord,” and “Let go and let God,” but I’d never heard the phrase worded so intimately.

“Jesus, I trust in your perfect plan,” enters us into an open-ended conversation with Jesus. We place ourselves in his hands and say, “I’m not in control, you are. Whether I understand it or not, your plan for me is perfect. I want what you want, because you know what is best.”

“Jesus, I trust in your perfect plan.” I say it numerous times throughout the day. The moment I begin to feel flustered, aggravated, sad, worried...it brings me back to reality, to the calm and peace that come in being united with all that God has in store.

*Blessings,  
Laura Gyawali,  
PSR Principal*